### **PROGRAM**

# Innovate Integrate Motivate

**April 23, 2019** 

The Annual Capacity Building Institute for Indiana Cadres of Transition Leaders

Marriott East 7202 East 21st Street Indianapolis

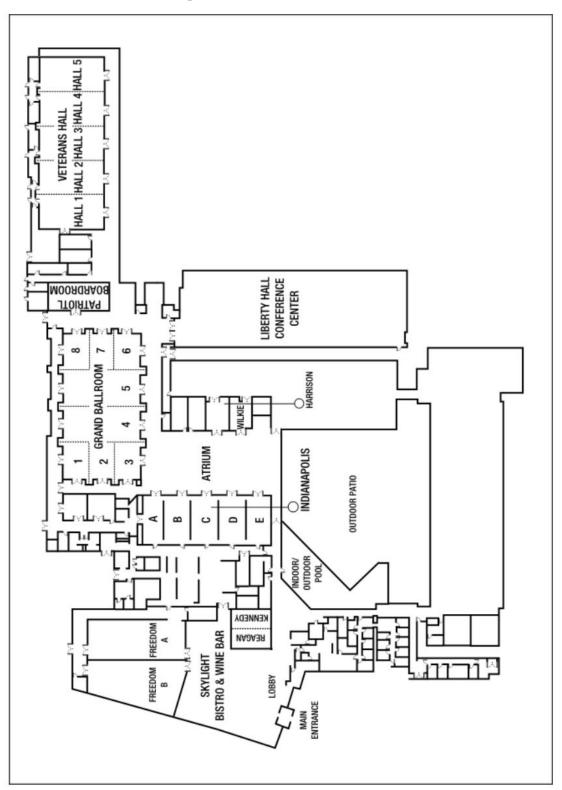
Registration: 7:30 to 8:30 a.m. Program: 8:30 a.m. to 3 p.m.

**Eastern Time** 



With funding from
Office of Special Education
Indiana Department of Education

#### **Marriott East Floorplan**



# Innovate, Integrate, Motivate 2019 Capacity Building Institute

#### **MORNING SCHEDULE & PROGRAM**

Time	Topic	Room Location	
7:30-8:30 a.m.	Registration. Check in any time between 7:30 and 8:30 a.m.	Atrium	
8:30-9 a.m.	Welcome Address. Judith Gross, Center on Community Living & Careers and the Indiana Secondary Transition Resource Center; Nancy Zemaitis, Office of Special Education, Indiana Department of Education; Theresa Koleszar, Indiana Bureau of Rehabilitative Services	Salons 1-5	
9-9:20 a.m.	Cadre Projects Presentation	Salons 1-5	
9:20-10:20 a.m.	<ul> <li>Fighting the Stigma with Student-Led High School Mental Health Clubs, Betty Lou Rowe, Indiana School Mental Health Initiative</li> <li>Student-Led IEPs, Panel Presentation: Ashley Beck, Evansville Vanderburgh County School Corporation; Sarah Garnett, Bartholomew Consolidated School District; Julie Nelson, Liberty Perry School District</li> <li>Career Technical Education, Courtney Hott &amp; Anthony Harl, IDOE</li> <li>Benefits &amp; Supports: What Students and Families Should Know: Stephanie Gage, Center on Community Living and Careers</li> </ul>	Salon A  Salon B  Salon C  Salon D	
10:20-10:30 a.m.	Break		
10:30-11 a.m.	Cadre Work. Planning for the 2019-2020 School Year (Discussion on dates, location, facilitator, meeting logistics, etc.)	NW - Salon A  NE - Salon B  NC - Salons 1-5  C - Salons 1-5  E - Salon C  SE - Salons 1-5  SW - Salon D	

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Time	Topic	Room Location
11:15 a.m12:15 p.m.	Lunch & Keynote Address. Cathy Pratt, Indiana School Mental Health Initiative Give-Away!	Salons 1-5

#### **AFTERNOON SCHEDULE & PROGRAM**

Time	Topic	Room Location		
12:15-12:30 p.m.	Break			
<b>12</b> :30- <b>1</b> :30 p.m.	<ul> <li>Fighting the Stigma with Student-Led High School Mental Health Clubs, Betty Lou Rowe, Indiana School Mental Health Initiative</li> <li>Student-Led IEPs, Panel Presentation: Ashley Beck, Evansville Vanderburgh County School Corporation; Sarah Garnett, Bartholomew Consolidated School District; Julie Nelson, Liberty Perry School District</li> <li>Career Technical Education, Courtney Hott &amp; Anthony Harl, IDOE</li> <li>Benefits &amp; Supports: What Students and Families Should Know: Stephanie Gage, Center on Community Living and Careers</li> </ul>	Salon A  Salon B  Salon C  Salon D		
1:30-2 p.m.	Cadre Work. Lessons Learned and Where We're Heading	NW - Salon A NE - Salon B NC - Salons 1-5 C - Salons 1-5 E - Salon C SE - Salons 1-5 SW - Salon D		
2-2:45 p.m.	Student Portfolios. Michele Oja, Office of Special Education, Indiana Department of Education	Salons 1-5		

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Time	Topic	Room Location
2:45-3 p.m.	Closing Give-Away!	Salons 1-5

#### **BREAKOUT SESSIONS: DETAILS**

#### Fighting the Stigma with Student-Led High School Mental Health Clubs

#### **Betty Lou Rowe**

Indiana School Mental Health Initiative, Indiana Resource Center for Autism

Suicide is the second leading cause of death for children and young adults, ages 10-24. We are losing too many of our precious students and can no longer think of mental health practices or Social Emotional Learning (SEL) as "add-ons." We need to build systems and opportunities for students that enable them to explore their mental health and that model examples of effective strategies. The words "mental health" and "mental illness" are not buzzwords, punchlines, or platforms for politicians to thoughtlessly throw around. It is essential that we knock down the stigma around mental illness and examine ways to build awareness around mental health.

Bring Change to Mind, a non-profit organization out of California, the Indiana Institute on Disability and Community (IIDC) at Indiana University, and the Indiana School Mental Health initiative are working to decrease the stigma around mental illness while increasing mental health awareness by creating high school mental health clubs across the Hoosier state. The role of the student-led club is to lead the change in creating a culture of peer education and support around mental health throughout the school community.

#### **Student-Led IEPs**

Ashley Beck, Evansville Vanderburgh School Corporation
Sarah Garnett, Bartholomew Consolidated School District
Julie Nelson, Luke-Perry School District

This panel of Indiana teachers will give examples and resources they use to implement student-led IEPs. The teachers will talk about collaboration with peers and how they include that information within the IEP document. After introducing themselves and describing their schools, they will discuss student involvement, growth/strengths of students, and barriers to think about during transition planning.

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#### **BREAKOUT SESSIONS: DETAILS, continued**

#### **Benefits & Supports: What Students & Families Should Know**

#### **Stephanie Gage**

**Center on Community Living and Careers** 

Many young adults with disabilities want to work but need health care coverage and supports to help them do so. Learning about state and federal benefits, redetermination at age 18, work incentives, and the importance of saving for the future is key—but challenging. In this session you'll find out how to point students and families in the right direction.

One of the biggest fears families have for a student transitioning into the workforce concerns what will happen to their benefits. This presentation will introduce you to various types of Social Security benefits, how a person can work AND receive benefits, and some of the many work incentives students can use to work and get ahead. During the presentation, you'll also learn about the process of obtaining benefits counseling and where to find more resources when a student is ready to begin working.

#### **CTE and Special Education: Making the Connection**

#### Courtney Hott & Tony Harl Indiana Department of Education

Research shows the important role Career and Technical Education plays for students with disabilities. The Office of Special Education expects that all students, including those with disabilities, are held to high expectations and have equitable access to educational opportunities that enrich their lives and prepare them for future success. As educators, we will grow a deeper understanding of how important it is to build relationships within the program. We will also receive some helpful hints to help students access educational opportunities. With these relationships, CTE programs offer a strong foundation for students and help pave a career pathway. This helps us understand why Career and Technical Education becomes an essential part of education pathways for all students.

#### Areas of Focus:

- Why CTE Matters
- CTE Director Survey 2018 and Results
- Hints/Questions for Consideration

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#### **FEATURED SPEAKERS**



#### **Ashley Beck**, Evansville Vanderburgh County School Corporation

Ashley Beck is a graduate of Kentucky Wesleyan College with a degree in Elementary and Special Education. She was recently the itinerant School-To-Work teacher for six high schools in Evansville Vanderburgh County School Corporation. Ashley teaches self-determination skills to enable student-led conferences for students in her school-to-work class.



#### Sarah Garnett, Bartholomew Consolidated School Corporation

Sarah Garnett is a middle school special education teacher in Columbus, Indiana. She studied at Wright State University before graduating from IUPUC. She and her husband moved to Indiana in 2013 from Dayton, Ohio. She's excited for baseball season to start!



#### Stephanie Gage, Center on Community Living and Careers

Stephanie Gage graduated from Purdue University and began her career in education before transitioning into social work. Her focus has been on benefits counseling, where she has worked for over ten years as a Benefits Information Network (BIN) Liaison, Community Work Incentives Coordinator (CWIC), and most recently, BIN Project Coordinator. Stephanie is now responsible for training BIN Liaisons throughout the state. She feels everyone should have the opportunity to try to reach their full potential.



#### Anthony Harl, Indiana Department of Education

Anthony holds Bachelor's degrees in Marketing from Indiana State and Business Education from Ball State University. He earned a Master's degree in Educational Leadership from Indiana University. He is currently serving as a Career Specialist with the Indiana Department of Education in the office of Career and Technical Education. While serving in this role since August 2018, he has been heavily involved with updating CTE programs of study and work-based learning.

Prior to the IDOE, Anthony served in school administration as a Principal, Assistant Principal and Dean of Students over nine years. Before getting into administration, he was a Business Education and Economics teacher for 12 years.

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#### FEATURED SPEAKERS, continued



#### **Courtney Hott**, Indiana Department of Education

Courtney Hott currently serves as School Counseling Specialist for the Indiana Department of Education. She attended Indiana University-Bloomington, obtaining a Bachelor's degree in psychology and minors in political science and human development. After college, she began working in government, finding a passion for education policy. Courtney then obtained a Master of Science degree in Education focused in school counseling and worked as a school counselor at various levels before obtaining a building level administrator's license and returning to the state level. In her spare time, Courtney attends Pure Barre classes and spends time with her husband, Zed and their dogs, Girdy and Lindi on their mini farm.



#### Julie Nelson, Liberty-Perry School District

Now in her 23rd year of teaching, Julie Nelson started her career at West Jay Middle School as a special education teacher. She has been with Liberty-Perry Schools in Selma, Indiana, for the past 20 years. At Selma Elementary, she worked in multiple positions in general and special education. Currently, she is the basic skills teacher at Wapahani High School.



## **Michelle Oja**, Office of Special Education, Indiana Department of Education

Michelle Oja is an education specialist for the Indiana Department of Education within the Office of Special Education. She oversees transition planning (Indicator 13) as well as the Certificate of Completion, Career Technical Education, and Choice Schools. She graduated from Nazareth College of Rochester with her Bachelor's degree in English and Inclusive Education and her Master's degree in Adolescent Education. Michelle recently moved from Virginia to Indiana.

Before coming to the IDOE, she was a special education teacher working with high school and middle school students for the past 10 years. Michelle is excited to work with teachers and administrators to support students with IEPs as they transition from school to adult life.

#### FEATURED SPEAKERS, continued



## **Cathy Pratt**, Indiana School Mental Health Initiative *and the* Indiana Resource Center for Autism

Cathy Pratt is director of the Indiana Resource Center for Autism, a statewide program that addresses the needs of individuals on the autism spectrum across the lifespan. Dr. Pratt is also director of the Indiana School Mental Health Initiative, which provides resources, training, and advocacy to build the capacity of school district staff and community partners so they can address the social, emotional, and behavioral health needs of Indiana's school-age children to increase school engagement and improve educational outcomes.

Among the many advisory boards Dr. Pratt serves on are Maap Services, Inc., the Temple Grandin/Eustacia Cutler Autism Fund, and the College Internship Program. She also served on the board of the national Autism Society and currently serves on the Autism Society's panel of professional advisors. In 2010, Dr. Pratt was invited to the White House to provide feedback on the President's initiatives on autism spectrum disorders.

Dr. Pratt has been honored by the Autism Society with the Individual Achievement Award, with the 2005 Princeton Fellowship Award, and with various awards through New York Families for Autistic Children, Inc. In 2008, the Indiana Council of Administrators of Special Education awarded Dr. Pratt with the Distinguished Service Award. She writes and presents internationally on autism spectrum disorders, functional behavior assessment/positive behavior supports, applied behavior analysis, instructional approaches, evidence-based practices, systems change, and policy. Prior to pursuing her doctorate at Indiana University, Dr. Pratt worked as a classroom teacher for students across the autism spectrum and with other disabilities.



## **Betty Lou Rowe**, Indiana School Mental Health Initiative *and the* Indiana Resource Center for Autism

Betty Lou Rowe is an educational consultant for the Indiana Resource Center for Autism (IRCA) and works with Bring Change to Mind to create stigma-free mental health clubs in Indiana high schools. Betty Lou also presents on Universal Design for Learning (UDL), understanding ASD, challenging behaviors and the functional behavioral assessment process, developing supports (sensory, behavior, communication, & instructional), and peer-to-peer program development.

She received her undergraduate degree in Special Education from Bowling Green State University (Ohio) and her M.Ed. from Oakland University (Michigan). Her teaching experience includes secondary programs in the area of emotional disability, as well as preschool through elementary programming for students with Autism Spectrum Disorder (ASD). She served as an ASD teacher consultant for nine years before becoming a special education instructional coach and then program coordinator. "Knocking down barriers so that students have access to options is essential for long-term quality of life."

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#### **PROGRAM EVALUATION**

Go here! <a href="http://go.iu.edu/2apY">http://go.iu.edu/2apY</a>

NOTES			

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**Indiana Secondary Transition Resource Center** 

a project of

Center on Community Living and Careers
Indiana Institute on Disability and Community
Indiana University

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